



Issue: New Australian Resuscitation Council (ARC) Flowcharts

Raised by: Informed by release of new guidelines.

Background: The Australian Resuscitation Council (ARC) have released updated Guidelines resulting in changes to the ARC Cardiorespiratory Arrest flowcharts that are currently included in the CARPA Standard Treatment Manual 5th Edition. This creates a small potential for confusion for Remote Health staff on what is the endorsed protocol to be followed.

Discussion: The Remote Primary Health Care Manuals (RPHCM) Editorial Committee was consulted in regards to their planned response to the updated guidelines. The Committee acknowledged the ARC Guideline changes and that the updated guidelines will be included in the next edition of the CARPA STM. In the interim, the update will be flagged on the CARPA website with a link to the ARC website.

Remote Health Branch wishes to acknowledge the ARC as the peak authority regarding national resuscitation guidelines, and therefore opt to endorse the updated Guidelines as the relevant protocols for use by Remote Health Branch staff.

Changes to the Guidelines are summarised by the ARC and the following links access the relevant summaries:

[Basic Life Support](#) (new [flowchart](#)) – in lieu of CARPA 5th Ed. **p3**

[Paediatric Advanced Life Support](#) (new [flowchart](#)) – in lieu of CARPA 5th Ed. **p6**

[Adult Advanced Life Support](#) (new [flowchart](#)) – in lieu of CARPA 5th Ed. **p7**

[Newborn Life Support](#) * (new [flowchart](#)) – **adjunct** to the Neonatal Resuscitation Flowchart, WBM 4th Ed. **p64**

* The Newborn Life Support flowchart does not replace the Neonatal Resuscitation flowchart in the WBM (p64); rather, it is adopted as an adjunct to the WBM protocol.

Consultation: Remote Health Primary Health Care Manuals Editorial Committee

References: <http://www.resus.org.au>

Outcome: The updated ARC Flowcharts are endorsed for use in DoH Remote Health Centres. All flowcharts will be distributed to health centres as Wall Posters and A5 inserts for the Additional Clinical Protocols folder.

Stickers, directing staff to the current ARC flowcharts, will be distributed for placement in relevant pages of CARPA STM 5th Edition and WBM 4th Edition.

PHCMs should ensure all previous versions of ARC flowcharts are removed from health centres.