



Under 5s Program 4 Month Assessment

Child Health Nurse, RAN or AHW to complete



Discussion points are in a black box. Tick as completed										
First Name			HRN			4 month immunisation given? <input type="checkbox"/> Yes				Child details
Surname			Date Review / /			<input type="checkbox"/> Already <input type="checkbox"/> This visit (Record on immunisationsheet)				
DOB / / Age (Weeks)			Carer attending			<input type="checkbox"/> Unable to give - place on recall				
Problems identified at previous check:										General check
Any current concerns? (general health, crying, sleeping)										
Significant illnesses at time of review:					Signs of bonding/attachment present? Yes No (close contact, eye contact, concern, care, pride) If no consider referral for support					
Weight		Is growth following curve?		Action required?						Examination
		Yes No		Yes No						
				Details:						
Skin		Clear Scabies Sores Ringworm		R ear		<input type="checkbox"/> NAD <input type="checkbox"/> AOM <input type="checkbox"/> AOM w Perf. <input type="checkbox"/> CSOM <input type="checkbox"/> OME <input type="checkbox"/> Dry Perf. <input type="checkbox"/> Otitis Ext. <input type="checkbox"/> Other (specify)				Nutrition
		Other (specify)		L ear		<input type="checkbox"/> NAD <input type="checkbox"/> AOM <input type="checkbox"/> AOM w Perf. <input type="checkbox"/> CSOM <input type="checkbox"/> OME <input type="checkbox"/> Dry Perf. <input type="checkbox"/> Otitis Ext. <input type="checkbox"/> Other (specify)				
Treatment				Treatment						
Since this time yesterday has the baby had Breast milk Formula Other milk Tea Water Soft drink/Cordial/Fruit juice Other (specify) <i>(these can damage teeth)</i>										
BREAST FEEDING Is best for baby - encourage exclusive breast feeding. Wait until 6 months before starting solid food										
HYGIENE Keep baby's face and hands clean to stop germs spreading from pus affected ears and runny noses. Bath baby regularly- at least every second day. Wash hands after changing nappies. Use tissue spears to clean ears. Keep baby away from smoke to reduce the risk of ear disease										
SIDS PREVENTION To help keep baby safe when sleeping, lie baby on back in clean flat place. Keep baby cool. Don't wrap too tightly so arms are free to move. Don't share the bed with baby if you or your husband or boyfriend have been drinking grog, smoking marijuana or using other drugs. Keep the baby away from cigarette and campfire smoke										
PLAY Let baby have play time on tummy every day										
COMMUNICATE Talk to your baby and get a conversation going with sounds or gestures										
Domestic and family violence (DFV) assessment. Has a DFV screen been done in the last 6-12 months? If not offer to do a screen today with the mother or carer. Do not force people to participate in the screen if they do not want to. If the mother/carers agrees to the screen, ensure privacy and reassure them that all people are asked the same questions. Offer to follow up and support mother/carers with any problems identified.										Home
Was DFV screen done at this visit?			Yes No		Referral made		Yes No		Use S&E Assessment form	
Action and follow up										
Make a note on the 6 month form of any problems that need follow up										
Issue or problem		Referral or action made			Referred to					
					MO Paed Other (specify)					
					MO Paed Other (specify)					
					MO Paed Other (specify)					
<input type="checkbox"/> Prompt for 6 month check <input type="checkbox"/> Monthly recall for GAA <input type="checkbox"/> Weekly recall if concerns and engage community supports (eg SWSBSC, community liaison, family workers)										
Name of person completing check			Signature			AHW RN DR		Date / /		