



## How to access the MGP Service

- Ask your clinic staff to ring MGP to book you in.
- Come and visit the MGP house and talk about coming onto the program.
- You can also ring MGP on 8951 7067 and we will ask you some questions over the phone.

## Midwifery Group Practice Central Australia

Corner Gap Road  
and Stuart Terrace  
Alice Springs

General Enquiries and Bookings

**8951 7067**

9.00 am to 2.00 pm  
Monday through Friday



## Midwifery Group Practice Central Australia

Information for pregnant women and their  
families who are located remotely



## What is Midwifery Group Practice (MGP)?

- A small group of midwives work together to provide care during your pregnancy, birth and after the baby is born.
- One of these midwives will be your main midwife and provide information so you can make choices. You will get to know this midwife during your pregnancy and when you come into town to birth.



## Before the baby is born

- You may meet your midwife when you come to Alice Springs Hospital for ultrasound or other appointments.
- When you come for sit-down your midwife will do regular health checks for you and your baby.
- You will see your midwife at the MGP house and also meet other midwives that work in MGP.
- If you need to see the doctors, sometimes the MGP midwife will come to doctor appointments with you.



## Labour and Birth Care

- When baby pains start your midwife meets you at the hospital and will stay with you until after the baby is born.
- Sometimes your main midwife is busy with another woman when your pains start.
- If this happens one of the other MGP midwives will care for you until your baby is born.

## Care after the baby is born

- After the baby is born you will go to the Maternity Ward and the midwives there will care for you.
- Your MGP midwife will visit you after the baby is born until you go home to your community.
- Your midwife will also talk to your community clinic sister to see how you and your baby are going.

