

## Restricted Schedule 8 Psychostimulants Medicine Prescriptions PHC Remote Information Sheet

Medical practitioners need to be familiar with the relevant provisions in the Northern [Territory Medicines, Poisons and Therapeutic Goods Act \(MPTGA\)](#) and Regulations and the Code of Practice – Schedule 8 Substances: [Volume 1 - Issuing Prescriptions Supplying Schedule 8 Substances](#) when providing clinical services related to Schedule 8 Medicines. Further information on specific aspects of prescribing S8 Medicines can be found on the [Poisons Control – Medical Practitioners](#) website, which includes relevant forms and information for clients.

Under the NT MPTGA supply of **Restricted Schedule 8 Medicines** requires that:

- the Chief Health Officer authorises supply for each individual client. The [Restricted S8 Psychostimulant Medication Form](#) must be submitted and approved before prescribing the medicine.
- only paediatricians, psychiatrists, physicians, neurologists, and registrars in training may make the decision to initiate supply
- other Medical Practitioners may continue supply after it is initiated, as above
- the client must be reviewed at least once every two (2) years by a specialist or registrar under co-management arrangements

The following table provides a summary of additional legislative requirements for the supply of the **Restricted Schedule 8 Medicines** Dexamphetamine, Methylphenidate and Lisdexamfetamine.

Content Of Prescriptions	Requirements	Electronic Health Records (EHR) 1
<b>Medical Practitioner Details:</b>	<ul style="list-style-type: none"> <li>- Name</li> <li>- Professional Qualifications</li> <li>- Address and phone number of work location</li> <li>- Signature (or authorised electronic representation)</li> </ul>	<b>Note:</b> <i>The Medical Practitioner will need to sign the rural prescription / PBS generated by the EHR</i>
<b>Client Details:</b>	<ul style="list-style-type: none"> <li>- Name</li> <li>- Address</li> <li>- Date of Birth</li> </ul>	<b>Note:</b> <i>The Medical Practitioner will need to manually enter the DOB when a PBS prescription is utilised.</i>
<b>Medicine Details:</b>	<ul style="list-style-type: none"> <li>- Name of medicine</li> <li>- Form or type of preparation</li> <li>- Strength of medicine</li> <li>- Directions for administering the medicine</li> </ul>	

Reference: [Requirements of Prescriptions for S8 Substances](#). Also see Atlas item: [Prescriptions](#) and [Schedule 8 Medicines](#). **Note:** the Information Sheet – [UnRestricted Schedule 8 Medicine Prescriptions](#) provides information on prescriptions for UnRestricted S8 Medicines as listed on the Information Sheet.

<sup>1</sup> Note: unless otherwise stated, this information will be automatically populated in EHR generated Rural Prescriptions.