

What is an Emergency or Big Sickness?

Big Injuries:	falls, heavy bleeding, wounds
Bites:	snake, spider, centipede, dog, scorpion
Fever :	high temperature, sweating, burning up
Breathing:	too fast, having trouble breathing
Anyone Taking Fits	
Motor Vehicle Accidents	
Chest Pains:	including blood pressure
Mental Health Problems:	any worrying problems
Abdominal Pain:	stomach pain with vomiting and/or fever
Natal:	pregnant ladies

If You Are Really Worried:

Still come to the Health Centre

Don't wait,

Come straight away.

Taken from: The Public Health Bush Book, Volume 1: Chapter 6 p 245 - A Health Promoting Health Centre