




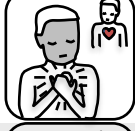





What is an Emergency PHC Remote Information Sheet

	Big Injuries	falls from height, heavy bleeding, wounds
	Children	any child under 5 years old that is unwell
	Bites	snake, spider, centipede, dog, scorpion
	Fever	high temperature, sweating, burning up, hot and shaking
	Breathing	too fast, having trouble breathing
	Fitting	shaking of the body
	Motor Vehicle Accidents	car, motor bike and quad bike accidents
	Chest Pains	tightness or sharp pain in the chest
	Mental Health Problems	thoughts of hurting self or others
	Abdominal Pain	stomach pains
	Pregnancy	baby pains, baby not moving, water broke, discharge, bleeding, feeling unwell

If you are really worried:

Come to the Health Centre

Adapted from: The Public Health Bush Book, Volume 1: Chapter 5 | 5.35 - Towards a Healthy Health Centre